

Karonga Courier



Karonga
School

Issue 4 - Term 3 - Week 7

Friday, 7 September 2018

Principal's Message

A message from Mark

Hello parents and friends of Karonga. Welcome to our Term 3 Week 7 newsletter.

Celebrating Positive Behaviour for Learning

Congratulations to:	For being :
Chris and Aria Room 2 Jordan and Dakotah	Kind Safe Good Learners

SASS Recognition Week

This week is school administration and support staff recognition week. The entire teaching staff and the community regularly recognise the great work that our SLSOs, General Assistant, Office staff and cleaners do to support and ensure that all students can learn at Karonga. This week has presented a stage upon which we can stand to celebrate the great work of those that join with us each day in helping our students to thrive and to succeed. On behalf of the entire school community, thank you to all the SASS staff for the work that you do, we certainly couldn't do it without you.

Going Digital

We've been increasingly excited to share the great work that is being done in classes at Karonga in meeting the needs of each of our students. We love celebrating the learning gains that our kids are making every day. This success is important to share and we're continually examining ways that we can do this efficiently and effectively. In this digital age with so many of our parents and community members connecting with us through Facebook, Twitter and the Karonga Skoolbag school app; we have decided to shift focus to our digital platforms to ensure that our parents and the community can see more of what we do. The paper based newsletter has a number of limitations that we are keen to move beyond; and we are hopeful that moving to digital platforms will enable us to include more content.

As of Term 4 we will publish all newsletters through the app and on our website for everyone to view. We will continue to publish a newsletter each fortnight and look forward to sharing more of the great teaching and inspired learning from Karonga.



Works around the school

The shade sail above Maxi's playground has been finished. The new sails give plenty of extra shade across almost the entire area and will make the space a much more useable space for all the students. It's great to have this in place before the weather warms up.



Karonga P&C's Association – Morning Tea

The morning tea was a great success with 10 parents attending to enjoy a lovely morning tea and some great conversation. All parents said that they found the meeting informative and would try to come again next time another one is organised.

If you have any queries about the great work being done through our P&C please call Muriel on 0425 202 938 or via email at karongapc@gmail.com

Calendar

September

Wednesday 12 th	Concert
Monday 17 th	P&C Meeting 7:30pm
Wednesday 26 th	End of Term Assembly 9:30am
Friday 28 th	Last day of Term 3

October

Monday 15 th	Students return for Term 4
Friday 19 th	P&C Morning Tea
Thursday 25 th	Year 12 Graduation Dinner

Room 12

From Liza and Rupak

Room 12 prepared to welcome Spring this term with a number of nature-related activities as a warm-up.

Room 12 started off by doing a unit on Plants. We chose to look closely at the life cycles of a dandelion, a potato and a sunflower. On our nature walks around the school, we collected samples of dandelion plants and flowers in various stages of growth. We discovered that the humble weed is in fact, an herb tea.

While learning about sunflowers, we created sunflower posters and grew sunflower seeds. As for our learning about potatoes, it is taking a long time for them to grow roots and leaves as we are growing them in water.



Above: Jordan engaged in craft activities.

We have also been developing our gardening skills by learning how to look after plants and keeping them alive by watering them. The boys are learning how to sit together, take turns to use the watering cans and water the plants with a bit of water play on the side.



Above: Mustafa developing his gardening skills

To apply Room12's healthy eating and active lifestyle outcomes, we are currently involve in a gymnastics program at the YMCA- Epping. We are learning to move and balance our bodies safely using our hands and feet while exploring various gymnastics equipment and apparatus.

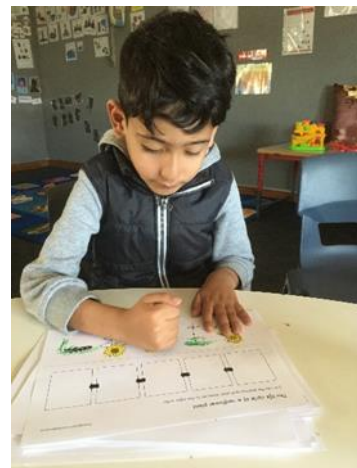


Above: Om using a balance beam.

Below: Christopher participating in gymnastic sessions.



Finally, we welcome our new classmate Oras, who joined us this term in Week 3. He has already settled into our class routines and class work.



Above: Oras doing his class work.

Room 11

From Karen and Wendy

Through this term some students from Room 11 and Room 13 have been involved in an Integration program with the students at Epping West Public School. Each Tuesday we head off in the school bus to visit our new friends and to participate in a range of activities. So far this term we have had fun icing and decorating biscuits and cognitive play programs including dress-ups. We also enjoy a variety of gross motor programs such as learning hop-scotch and balancing on equipment.

All of these activities are designed to provide all the students with opportunities to develop their communication and social skills.



Caitlin (top left) and Anita (middle left) enjoy walking on the balance beams. Susie (middle right) plays hopscotch while Ruby (top right) enjoys the dress up play.

NAIDOC Week

From Murray, Relieving Deputy Principal

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life.

NAIDOC originally stood for 'National Aborigines and Islanders Day Observance Committee'. This committee was once responsible for organising national activities during NAIDOC Week and its acronym has since become the name of the week itself.

This year the theme was: Because of Her We Can.

Karonga School held celebrations On Monday 13th August to commemorate NAIDOC week.

Jessy, from the Quandamooka Yooluburrabee Tribe, was invited to Karonga to lead us in NAIDOC week celebrations. He presented a Welcome to Country and offered staff and students the opportunity to experience spiritual body painting and participate in Aboriginal dance and music. The students painted canvases and were allowed the opportunity to engage with Aboriginal artefacts.

A huge thank you to Mandy for her organisation for the day.



BECAUSE OF HER, WE CAN!
8-15 JULY 2018

P&C Parent Morning Tea

From Muriel, P&C Vice-President

We had our first P&C-funded 'Parent Morning Tea' and it was a real success! We enjoyed some fancy coffee (thanks, Roisin, for mastering the machine!) and relaxed around some nibbles while having a chat. Eight mums joined us on the day and email addresses, contact info and tips about providers and therapists were eagerly exchanged. One Mum even came along with her son's support worker and praised her work so much, that some of us were tempted to also use her services in the future.

It was such a pleasant and informative morning, we have decided to make it a regular event. The next Morning Tea is now scheduled for **Friday 19th October from 9am**. Make sure you write the event in your calendar. We look forward to seeing you then.



Combined Metropolitan Athletics Carnival, Homebush

From Sabrina, Relieving Assistant Principal

Students from Rooms 2 and 14 were privileged to represent Karonga at the Combined Metropolitan Athletic Carnival held at the Warm Up Arena at Sydney Olympic Park, Homebush; on Friday 31st August 2018.

Armed with our weather proof jackets, school banner, seating mats and dressed in our school uniform, we arrived at the Warm Up track, well in time for the commencement of an array of athletic events at the Carnival.



From the first event, the March Past, where Chris and Peter carried the Karonga School banner to the last event; the students participated with enthusiasm and a spirit of sportsmanship.

Left: Chris and Peter lead Karonga in the March Past.

Adrian, George and Omar represented Karonga in the Boys Championship 200m race while Chris, Vanes and Josh participated in the Boys Championship 100m race; with Chris being awarded second place in the 17+ Boys age group. Sara ably represented Karonga in the 17+ Girls walking race.



Above: Chris showing off his ribbon for 2nd place to Mark.

The Field Events took place concurrent to the Track Events. The Standing Long Jump and Running Long Jump saw our students participate again in both, the Girls and Boys categories; with George, Adrian, Vanes and Kimberley showing great determination and fortitude while attempting these events. In the Shot Put, Kimberley and Vanes flexed their muscles and had a go.



Above left: Sara participating in the walking race.



Above right: Kimberly in the Shot Put.



Right: George at the start of the Long Jump.

Karonga staff were proud to witness our students demonstrate tenacity (each one of them finished their respective races, regardless of the outcome); fantastic listening skills (they lined up beautifully for each category with minimal assistance); and give of their best in every event. All in all it was a fantastic day. Well done Team Karonga!



To quote Joshua: "I had a great day, Miss Sabrina!"

Room 5

From Anita and Emma

Room 5 have been focussing on our school PBL rules of Kind, Safe and Learn.

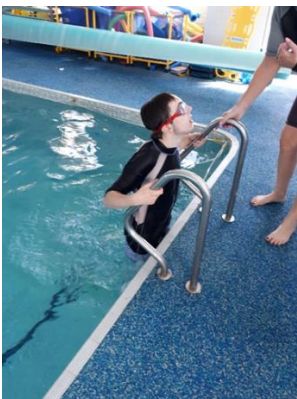
Sharon and Winfred are able to vocalise and use Key Word Sign to tell you the school rules. They are also able to state the class rules under the headings of Kind, Safe and Learn.

Georgia has been demonstrating 'Safe' by using the pool rail during swimming sessions and 'Kind' by greeting her friends regularly during the day. Joseph has been 'Safe' by ensuring everyone is sitting down and has a seat belt on during our community access trips; and 'Kind' by helping Anita and Emma regularly in the classroom.

All room 5 students have demonstrated 'Learn' by listening carefully to instructions from staff and have demonstrated excellent work skills during our TAFE Horticulture course each week.



Above: Sharon (left) and Georgia (right)
Below: Joseph (left) and Winfred and Sharon (right)



Canteen postponed Wednesday 12th

Due to the Concert this coming Wednesday the canteen will not be operating. Sales will resume on the 19th.

Live Life Well @ School

FRUIT & VEG MONTH 2018

Did you know that only about 5% of Australian children and adults eat enough fruit and vegetables?

Fruit & Veg Month (FVM) is a health promotion program for NSW primary schools that puts a positive focus on fruit and veggies. The theme of this year's program during the month of September is 'Happy Fruit & Veg'tember'!

Help us get the message out there, we can and need to, eat more fruit and vegetables.

Some ideas to try at home:

- Make it accessible - keep ready cut veggie sticks in the fridge and a fruit bowl at home.
- Get the kids involved in choosing and preparing fruit and veggies.
- Try include fruit and veggies in every meal e.g. add chopped/grated veggies to pasta sauces, soups, frittatas and stir-fries.

More information and tips:
www.healthykids.nsw.gov.au



Be a role model 😊

NSW GOVERNMENT

Health
Northern Sydney
Local Health District



End of Term Assembly

Save the date!

Family and friends are welcome to attend our Term 3 assembly. Details are:

Date: Wednesday 26th September, 2018

Time: 9:30am start

Venue: Hall